



BABY MENU

WEEK 1

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Breakfast

Porridge, Weetabix
or
Infant Cereal

Porridge, Weetabix
or
Infant Cereal

Porridge, Weetabix
or
Infant Cereal

Porridge, Weetabix
or
Infant Cereal

Porridge, Weetabix
or
Infant Cereal

Lunch

Creamy Vegetable
Risotto

Shepherd's Pie
(LAMB) with
Mashed Potato

Savoury Mince Beef,
Vegetables and Pasta

Creamy Chicken &
Broccoli Potato pie

Spaghetti Bolognaise

Tea

Chicken, Vegetable
and Noodle Medley

Stewed Apple &
Greek Yogurt

Sweet Potato, Carrot
& Parsnip Puree

Cheesy Vegetable
Pasta Bake

Home Made Chunky
Vegetable Soup





BABY MENU

WEEK **2**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Breakfast

Porridge, Weetabix
or
Infant Cereal

Porridge, Weetabix
or
Infant Cereal

Porridge, Weetabix
or
Infant Cereal

Porridge, Weetabix
or
Infant Cereal

Porridge, Weetabix
or
Infant Cereal

Lunch

Salmon, Broccoli &
Cheddar Pasta Bake

Savoury Beef
and Vegetables
with Noodles

Lamb and Mixed
Vegetable Casserole

Roast Chicken served
with Carrots & Peas
Potatoes and gravy

Turkey Bolognese

Tea

Creamy Chicken and
Country Vegetable Soup

Avocado and
Banana Mash

Spinach & Cheese
Penne Pasta

Tuna Pasta Gratin

Blueberry Puree
with Yogurt





BABY MENU

WEEK **3**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Breakfast

Porridge, Weetabix
or
Infant Cereal

Porridge, Weetabix
or
Infant Cereal

Porridge, Weetabix
or
Infant Cereal

Porridge, Weetabix
or
Infant Cereal

Porridge, Weetabix
or
Infant Cereal

Lunch

Macaroni Cheese with
Broccoli

Minced Beef &
Vegetable Stew

Shredded Chicken
with Vegetables
and Cous Cous

Spaghetti Milanese
with Pork

Baked Ham
Cabbage & Potato

Tea

Potato Cakes with
Bacon and
Baked Beans

Custard &
Peach Puree

Mixed Vegetable
Pasta Bake

Butternut Squash
& Pear

Chefs Special Choice





BABY MENU

WEEK 4

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Breakfast

Porridge, Weetabix
or
Infant Cereal

Porridge, Weetabix
or
Infant Cereal

Porridge, Weetabix
or
Infant Cereal

Porridge, Weetabix
or
Infant Cereal

Porridge, Weetabix
or
Infant Cereal

Lunch

Spaghetti Marinara
with Broccoli
and Red Pepper

Seasoned Chicken
with Carrot &
Potato Mash

Beef and Vegetable
Pasta Bolognese

Chicken and Broccoli Potato
Pie

Roast Vegetables
and Chicken
with Boiled Rice

Tea

Melon and
Yogurt Medley

Pasta Neapolitan

Buttery Mashed
Potato and Beans

Creamy Banana
and Semolina

Chefs Chunky
Vegetable Soup

